
Conversion and Commitment to Christ

Purpose: Catholics often find it difficult to share their faith stories or times of deeper conversion to Jesus Christ. This exercise is meant to help participants to think about their faith lives and to share with others in a small group about these.

Individual Activity (5 min)

Personal Evangelization Inventory: In silence, recall the events, circumstances, people and experiences which led you to give your life to Jesus Christ. How were you evangelized or brought to conversion to Jesus Christ? (Check all statements below that apply to you.)

I became aware of conversion and commitment to Jesus Christ:

- As a child (0-12 years)
- As a teenager (13-19 years)
- As a young adult (20-35 years)
- As a middle-aged adult (36-59 years)
- As a senior citizen (60 + years)
- It was a long, continual process over many years.
- It happened when I went to a mission/retreat/course (i.e., *Marriage Encounter*, *Cursillo*, *Life in the Spirit Seminars* or other spiritual renewal experience).
- I gave my life to Christ at a large evangelistic rally/crusade/healing service.
- A friend/relative brought me closer to Jesus.
- I was reading Scripture or a spiritual book and decided to give myself to the Lord.
- A complete stranger walked into my life and introduced me to Christ as my Lord and Savior.
- It was an instant conversion like being struck by a bolt of lightening.

Other events, people, and experiences you recall. Be specific.

- I can't really say that I've been evangelized or converted to Jesus Christ. What must I do for this to take place in my life?

Sharing in small groups (3 or 4 people—20mins)

Go around the group and talk about two or three of the things that each person checked above. Give each person about 5 minutes to talk.